

Step Aside

*You cannot protect anyone from themselves;
you cannot protect anyone from life.*

*You cannot spare a loved one the confrontation
with their own mortality,
their own stupidity or their own emptiness.*

*Indeed, to take on the burden of sentry,
guarding another person's borders,
is to interfere with that person's life lesson.*

*If we are the sum of
everything that happens to us,
to limit a person's experience
is to limit their growth.*

Dr. David Viscott