## Finding Joy

"The heart that gives, gathers."
Maryanne Moore

"Change your thought and change your world."

Norman Vincent Peale.

"If you don't stand for something, you'll fall for anything."

"Burn brightly without burning out."

"Nothing happens... but first a dream." Carl Sandburg

"It is one of the most beautiful compensations in life... that no man can sincerely try to help another without helping himself."

Ralph Waldo Emerson

"Sometimes in the winds of change we find our true direction."

"Throw your heart over the fence and the rest will follow."

Norman Vincent Peale

"Courage does not always roar. Sometime it is a quiet voice at the end of the day, saying... "I will try again tomorrow.""

Mary Anne Radmacher

"Laughter is an instant vacation."
Milton Berle

"The best sermons are lived, not preached." Cowboy Wisdom

"The only things that stand between a person and what they want in life are the will to try it, and the faith to believe it's possible."

**Rich Devos** 

"Enjoy the little things, for one day you may look back and realize they were the big things."

**Robert Brault** 

"It's choice - not chance - that determines your destiny."

Jean Nidetch

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## "To love and be loved is to feel the sun from both sides." David Viscott

"Keep your face to the sunshine and you will not see the shadows." Helen Keller

"Kind words can be short and easy to speak, but their echoes are truly endless."

Mother Teresa

"Even if you are on the right track, you'll get run over if you just sit there." Will Rogers

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