

Your Religion Is Not Important

The Dalai Lama was asked: "What is the best religion?"

He answered: *"The best religion is the one that gets you closest to God. It is the one that makes you a better person."*

Then he was asked: "What is it that makes one better?"

He responded: "Whatever makes you more compassionate, more sensible, more detached, more loving, more humanitarian, more responsible and more ethical."

"The religion that will do that for you is the best religion"

"I am not interested about your religion or if you are religious or not.

"What really is important to me is your behaviour in front of your peers, family, work, community and in front of the world.

"Remember, the universe is the echo of our actions and our thoughts.

"The law of action and reaction is not exclusively for physics. It is also of human relations. If I act with goodness, I will receive goodness. If I act with evil, I will get evil.

"What our grandparents told us is the pure truth. You will always have what you desire for others. Being happy is not a matter of destiny, it is a matter of options."

Finally he said:

*"Take care of your Thoughts because they become Words.
Take care of your Words because they will become Actions.
Take care of your Actions because they will become Habits.
Take care of your Habits because they will form your Character.
Take care of your Character because it will form your Destiny,
and your Destiny will be your Life
... and ...*

"There is no religion higher than the Truth."