

# My Mission is Real Simple...

## About Sgt Brandi

Sgt. Brandi, USMC (Ret) currently speaks around the country for troops deploying to or returning from combat, he meets with Senior Officers and NCO's, speaks with troops with Combat Trauma, makes presentations to various Combat Brigades, Colleges and Veterans, Clubs, Counselors and administrators, and to students and the general public.

He is a Vietnam Vet who has experienced the trauma of war and has dealt with PTSD for over 40 years. From his website:

*"Today, I've assigned myself a new mission; to help my younger Brothers and Sisters avoid what my generation has experienced over the past 40 years."*

## Changing and Saving Lives

By helping each and every Warrior understand, they've walked off the battlefield far stronger than when they walked on, and to then use that strength to overcome the traumas of their experiences. This allows them not only to understand their feelings about their experiences are normal and to heal, thus preventing them from taking their lives and the lives of others. It also directs them toward life goals that benefit themselves and their loved ones and leads to a more productive and excellent future.

## Explaining how Post Combat Feelings are Normal

The Warrior's Guide says it all. And once they understand the savage side of their nature, they are on the road to healing. Sure, there will always be scars, but that's the price we willingly pay to serve this nation. And I want them to feel comfortable in remembering the war, the loss of true friends and the pain we've shared as Brothers and Sisters. Because everything we've experienced in Battle makes us stronger, wiser and better human beings when we keep that focus; allowing others to be weaker than we are, and yet to help them to a position of strength that we as Warriors all have.

## Focusing on the Needs of the Troops

My primary focus today is our Troops, past and present; they are my Brothers and Sisters, my fellow Warriors. And I will do whatever it takes to help and encourage each of them on their Journey of Honor.

## Endorsed By the Veterans Administration

*"The Warrior's Guide to Insanity, has been endorsed and purchased by the Department of Veterans Affairs; is in the process of being purchased by the Veterans Administration; purchased by the United States Army at Fort Carson; has been endorsed by the Health Science Center, College of Medicine, Round Rock Texas; endorsed and recommended by Col. Dave Grossman, a National Speaker and Director of the Kilology program for Veterans and Law Enforcement, and by many private psychologists and psychiatrists working with Veterans and their families."*

*"... the U.S. Military is recognizing the value of The Warriors Guide to Insanity as a guide for our Troops dealing with Combat. It's recently been approved by The Department of Veteran Affairs for distribution to all Vet Centers around the country as a "clinical tool", a communication bridge between the Combat Veteran and the clinician."*

*"...Thousands of copies are now in the hands of Active and Inactive Military personnel, families of Veterans, Clinicians, Media and Civilians supporting our Troops"*

*(This comes from Sgt Brandi's website. It is a fantastic resource for getting information on the effects of PTSD from the Veteran's standpoint. It is full of information, links and contact information to other resources. Both his books, "The Warrior's Guide to Insanity" and "The Warrior's Guide to Worlds at War" are offered to Veterans as a free eBook download.)*

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